

MEMORANDUM

TO: High School Athletic Directors and Coaches

FROM: Jon Fox, Athletic Director

SUBJECT: **PHYSICAL EXAMINATION SCHEDULED
(BOYS & GIRLS)**

DATE: May 31, 2011

High School boys screenings will be on Saturday, August 6, 2011.

Middle and High School girls will be screened on Saturday, August 6, 2011.

Middle School boys will be screened on Saturday, August 13, 2011.

It will be ***your*** responsibility to inform the head coaches, athletes and parents in your school of the athletic screening dates, and to reproduce copies of forms for distribution to all student athletes. ***PLEASE NOTE THE SECTION OF INSTRUCTION'S*** from the Nemours Children's Clinic and Wolfson's Children's Hospital giving guidelines for boys and girls. Please send Girls and Boys Guidelines home with each student. **This information *must be conveyed to coaches, athletes and parents.***

The following instructions ***must be*** adhered to before and during the physical examinations.

1. **ACCORDING TO THE FLORIDA HIGH SCHOOL ACTIVITIES ASSOCIATION HANDBOOK A RATIO OF 1 ADULT PER 15 STUDENT ATHLETES WILL BE REQUIRED FOR EACH SCHOOL PARTICIPATING IN THE PHYSICAL SCREENINGS. THIS RATIO MUST BE ADHERED TO; OTHERWISE PHYSICALS *WILL NOT BE GIVEN.***
2. Screening forms ***must*** be completed on side one with parent/guardian signature. Students must not be allowed to enter the bus at the school without these sections completed and signed by the parent.
These forms are also now available on the DCPS website: www.duvalschools.org

3. In order to make the procedure shorter and easier for everyone use the screening form from the previous year, and attach it to the new 2011-2012 school year - Physical Form. Most teenagers do not need a full screening each year.
4. Screenings are for **ALL SPORTS** and **WILL NOT** be given any other time of the year.
5. **Coach/parent or guardian please remember these screening can be performed by the student athlete's personal pediatrician or family physician.**
6. **All student athletes *must* have a current physical or they will be ineligible for interscholastic athletic participation.**

See the enclosed:

1. Schedule
2. **ATTENTION:** A copy of the NEW **2011-2012** screening form is attached with current school year. **Be sure to copy as a two sided document on to one sheet and distribute to all student athletes for parent / guardian completion and signature.**
3. Guidelines for Boys and Girls (instruction sheet for coaches, parents and students.)

Cc.

Principals

Athletic Directors

All Head Coaches

Elaine Mann, Chief of High School Programs

Lawrence Dennis, Chief Officer, Secondary Schools

HIGH SCHOOL SCHEDULE

HIGH SCHOOL BOYS SCHEDULE

Nemours Children's Clinic
807 Children's Way

Saturday, August 6, 2011

8:00	AM	Baldwin, Parker
8:30	AM	First Coast
8:50	AM	Ed White
9:20	AM	Wolfson
9:45	AM	Mandarin, Bishop Snyder
10:00	AM	Forrest, Englewood
10:20	AM	Ribault
10:40	AM	Lee
11:00	AM	Raines, Sandalwood
11:20	AM	Stanton, Peterson
12:00	PM	Paxon, Eagles View, TCA, University Christian, Bishop Kenny, Bolles, Episcopal, Providence, Trinity, Esprit de Corps, Potter's House

MIDDLE SCHOOL and HIGH SCHOOL GIRLS SCHEDULE

Wolfson Children's Hospital
Baptist Medical Center

Saturday, August 6, 2011

8:00	AM	Baldwin, Parker
8:20	AM	First Coast
8:40	AM	Ed White
9:00	AM	Wolfson
9:20	AM	Mandarin, Bishop Snyder
9:40	AM	Forrest, Englewood
10:00	AM	Ribault
10:20	AM	Lee, Peterson
10:40	AM	Raines, Sandalwood
11:00	AM	Stanton, Stillwell MS, Landon MS
11:20	AM	Paxon, Butler MS
11:40	PM	Eagles View, TCA, University Christian, Bishop Kenny, Bolles, Episcopal, Providence, Trinity, Esprit de Corps, Potter's House
12:00	PM	Ft. Caroline MS, J.W. Johnson
12:20	PM	Matthew Gilbert, Ribault MS
12:40	PM	Arlington MS, Southside
1:00	PM	Baldwin MS, DuPont MS
1:20	PM	Highlands MS, Twin Lakes
1:40	PM	Oceanway MS

MIDDLE SCHEDULE

MIDDLE SCHOOL BOYS SCHEDULE

Nemours Children's Clinic
807 Children's Way

Saturday, August 13, 2011

8:00	AM	Stillwell, Landon
8:10	AM	Butler, Ft. Caroline
8:30	AM	J.W. Johnson, Matthew Gilbert
9:00	AM	Ribault Middle, Arlington
9:30	AM	Southside MS, Baldwin MS
9:50	AM	DuPont MS, Highlands MS
10:10	AM	Twin Lakes
10:30	AM	Oceanway

MIDDLE SCHOOL and HIGH SCHOOL GIRLS SCHEDULE

Wolfson Children's Hospital
Baptist Medical Center

Saturday, August 6, 2011

8:00	AM	Baldwin, Parker
8:20	AM	First Coast
8:40	AM	Ed White
9:00	AM	Wolfson
9:20	AM	Mandarin, Bishop Snyder
9:40	AM	Forrest, Englewood
10:00	AM	Ribault
10:20	AM	Lee, Peterson
10:40	AM	Raines, Sandalwood
11:00	AM	Stanton, Stillwell MS, Landon MS
11:20	AM	Paxon, Butler MS
11:40	PM	Eagles View, TCA, University Christian, Bishop Kenny, Bolles, Episcopal, Providence, Trinity, Esprit de Corps, Potter's House
12:00	PM	Ft. Caroline MS, J.W. Johnson
12:20	PM	Matthew Gilbert, Ribault MS
12:40	PM	Arlington MS, Southside
1:00	PM	Baldwin MS, DuPont MS
1:20	PM	Highlands MS, Twin Lakes
1:40	PM	Oceanway MS

2011 – 2012

Sports Physical Screening Program Guidelines

The following is a list of guidelines to be observed during the pre-participation athletic screenings for Duval County Student-Athletes:

1. Buses will arrive at the Nemours Children's Clinic and Wolfson Children's Hospital and will be directed to the area where the students will begin the screening process. **Any student arriving by private transportation will be allowed to enter the screening program only during the assigned time for the school in which he/she participates as long as the school is participating and the chaperone is willing to supervise the student.**
2. Dress requested is shirts, shorts, shoes and underwear. Girls are encouraged to wear a bathing suit top. All students will be expected to behave appropriately while within the Children's Clinic or Hospital. Loud and/or excessive noise will not be tolerated. Violators will be escorted back to their bus and will not be provided a screening. Space will not allow for parents to enter the screening area.
3. Coaches and athletic directors must accompany each group of students at a ratio of 1 adult per 15 student athletes (FHSAA Guidelines), from every participating school and be available during the screening process for supervision and traffic control.
4. Parents accompanying their children will be asked to wait in the lobby of the Children's Clinic or Hospital.
5. If an athlete wears glasses or contact lenses they **MUST** bring them to the screening.
6. In order to participate in the screenings, each student must arrive with **ALL forms properly signed by a parent/guardian.** Any student arriving without the properly signed forms will **NOT** be allowed to participate in the screening.
7. This screening should not be substituted for an annual visit to the student-athletes family health care provider. Additionally, the family health care provider may in-fact perform this examination. Our screening process is simply arranged as a community service.
8. All student-athletes must have a valid athletic screening exam on file at all times to remain eligible to participate in interscholastic athletics.

The Nemours Children's Clinic, Wolfson Children's Hospital and Baptist Medical Center are proud to assist the Jacksonville Sports Medicine Program, the Duval County Medical Society and the Duval County Public Schools in this worthwhile activity.