



CAS FORMS

CAS Log

The CAS log must be filled out for each different activity undertaken. For example, if you are going to do work at the Zoo, you would use the same CAS log form each time you go to the Zoo. If you then decide to volunteer at the hospital, you would need to use a new CAS log form to record the hours you spend at the hospital.

** Students who are on sports team and plan to use practice or game hours for active hours must turn in a new CAS form log monthly.

** Note that there is a portion that must be completed by your activity supervisor. This must be filled out completely before it is turned in to the CAS Coordinator.

CAS Activity/Project Self-evaluation Form

This form is to be filled out and turned in upon the completion of an activity. It only needs to be filled out one time for each separate activity that you do. For example, if you complete 100 hours at the Zoo, you need to fill out the Activity/Project self –evaluation form after completing the 100 hours, not after each individual time you volunteer at the zoo.

CAS Final Summary (seniors only)

One set of these forms will be completed and turned in before winter break of your senior year. Be sure to address the CAS activities undertaken in your final summary essay.

CAS Deadline

All 150 CAS hours must be completed and all CAS forms must be turned in prior to the winter break of your senior year.

CAS forms can be found on the Paxon school website www.duvalschools.org/psas under the guidance link

CAS: Student Final Summary

Submit to CAS Teacher: _____ School Deadline: _____

Write Legibly Using Black Ink

This form is to be retained by the school. Do not send to the regional office unless requested.

Indicate below the CAS activities/projects in which you have been involved and the hours dedicated to each one with a total number of hours for the entire CAS course.

Number of CAS activities/projects which you have undertaken Total hours dedicated **Activities/projects**

1. _____	<input type="checkbox"/>
2. _____	<input type="checkbox"/>
3. _____	<input type="checkbox"/>
4. _____	<input type="checkbox"/>
5. _____	<input type="checkbox"/>
6. _____	<input type="checkbox"/>
7. _____	<input type="checkbox"/>
8. _____	<input type="checkbox"/>
9. _____	<input type="checkbox"/>
10. _____	<input type="checkbox"/>
11. _____	<input type="checkbox"/>
12. _____	<input type="checkbox"/>
13. _____	<input type="checkbox"/>
14. _____	<input type="checkbox"/>
15. _____	<input type="checkbox"/>

