



## **SYMPTOMS OF ADOLESCENT DRUG ABUSE**

1. Loss of concentration/decreased attention span
2. Decrease in short-term memory
3. Loss of motivation
4. Loss of social skills, relationships, withdrawal, isolation
5. Sadness, sorrow, discontent
6. Feeling of being "picked on"
7. Loss of "natural highs"
8. Tiredness, lack of interest
9. Loss of judgment, self-evaluation
10. Changes in appearance
11. Redness of eyes, eyes partially open, dilated or contracted pupils not consistent with lighting
12. Clumsiness, changes in gait
13. Cough, chest pains, sore throats, stomach cramps or pain
14. Occasional hallucinations
15. Decrease in long-term memory
16. Loss of abstract reasoning ability
17. Bizarre behavior
18. Loss of associative function
19. Loss of friends, change of friends
20. Loss of sexuality, sex drive
21. Driving violations, "near misses"
22. (Female) Irregular or painful menstruation
23. Truancy, delinquency
24. Missing money or other valuables at home
25. Chronic excuses for being late
26. Sleeps more than usual
27. Odor of drugs & alcohol on clothes
28. Disappearance of personal articles
29. Time disorientation
30. Chronic defensiveness about behavior or whereabouts
31. High and low mood swings
32. Drug slogans on clothes, notebooks, or other personal items
33. Chronic dishonesty
34. Conversation or jokes about drugs
35. Unhealthy appearance
36. Less time spent at home
37. Drug-related books and magazines
38. Skipping meals, eating large quantities at strange times
39. Signs of depression