



Health & Fitness News!

Our partnership with Chartwells continues to grow, with many new and wonderful benefits for our children! Beginning next week, we will be offering several new a la carte items in the lunch line. You may have noticed that we limited the availability of chips, cookies, cakes, and ice cream this year. Thanks to Chartwells, we will now be adding Welch's Fruit Snacks, Fruit by the Foot, Frozen Ice Bars, Breakfast Bars, and more, as healthier options for lunch snacks.

Also, one day a week, we will have "Chef Katie" in the cafeteria throughout the lunch hours, introducing students to various healthy food items, which they will be able to taste. We are excited about this opportunity to teach our children about healthy foods and meals, and how to prepare them!

Additionally, a Chartwells representative will be meeting regularly with our Student Fitness Council, to hear of menu requests and questions from our students. What a great 2-way communication forum, to again expose our children to healthier food choices!

And finally, in partnership with our PTA, we will be opening our "snack bar" after school for our students enrolled in after-school activities to be able to purchase healthy snacks and drinks.

Stay tuned to the Energizer and our website, www.duvalschools.org/SanPablo, for details on pricing and specific food items. We are so happy to be adding healthy alternatives for our children, and to be pumping up "The Energy of the Beaches!"