

## COURSE OVERVIEW

### M/J Health 6: GRADE 8

<ul style="list-style-type: none"><li>I. Personal Development<ul style="list-style-type: none"><li>A. Self-Image</li><li>B. Decision-Making Skills</li><li>C. Assertiveness</li></ul></li><li>II. Social Development<ul style="list-style-type: none"><li>A. Friendship</li><li>B. Dating<ul style="list-style-type: none"><li>1. Qualities</li><li>2. Standards</li><li>3. Communication</li></ul></li><li>C. Violence Prevention<ul style="list-style-type: none"><li>1. Risk Factors/Violence Prevention</li><li>2. Anger</li><li>3. Fighting</li><li>4. Conflict Resolution</li></ul></li><li>D. Sexual Harassment</li><li>E. Rape Awareness</li></ul></li><li>III. Family Development<ul style="list-style-type: none"><li>A. Roles/Responsibilities</li><li>B. Family Planning<ul style="list-style-type: none"><li>1. Decisions</li><li>2. Contraception</li></ul></li><li>C. Substance Use Impact<ul style="list-style-type: none"><li>1. Controlled Drugs</li><li>2. Effects/Family/Community</li><li>3. Media Influences</li></ul></li><li>D. Family Issues<ul style="list-style-type: none"><li>1. Chemical Dependency</li><li>2. Abuse</li><li>3. Domestic Violence</li><li>4. Divorce</li><li>5. Grief/Death</li></ul></li></ul></li></ul>	<ul style="list-style-type: none"><li>IV. Physical Development<ul style="list-style-type: none"><li>A. Reproductive System<ul style="list-style-type: none"><li>1. Structure/Function</li><li>2. Hormonal Influences</li></ul></li><li>B. Pregnancy<ul style="list-style-type: none"><li>1. Fertilization</li><li>2. Implantation</li></ul></li><li>C. Prenatal Care<ul style="list-style-type: none"><li>1. Prenatal Development</li><li>2. Maternal Care</li><li>3. Effects of Drugs</li></ul></li><li>D. Childbirth<ul style="list-style-type: none"><li>1. Birth Process</li><li>2. Methods</li></ul></li></ul></li><li>V. Postponing Sexual Involvement<ul style="list-style-type: none"><li>A. Benefits of Abstinence<ul style="list-style-type: none"><li>1. Expected Standard</li><li>2. Advantages</li></ul></li><li>B. Risks<ul style="list-style-type: none"><li>1. Teenage Pregnancy</li><li>2. Sexually Transmitted Diseases</li><li>3. HIV/AIDS</li></ul></li><li>C. Refusal Skills<ul style="list-style-type: none"><li>1. Refusal Skills</li><li>2. Variety Practiced</li></ul></li></ul></li></ul>
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