

## CHAPTER 8.00 – AUXILIARY SERVICES

### WELLNESS POLICY

8.45

- I. The Duval County School Board recognizes the important role wellness plays in achieving high levels of student achievement and employee success in the workplace. The Wellness Program shall include, but not be limited to, the following components:
  - A. Involvement of parents, students, representatives of the school food authority, the School Board, teachers, school administrators, support staff, District administrators and the public in the development of the program;
  - B. Establishment of a sub-committee of the School Health Advisory Council (SHAC), which operates according to the Centers for Disease Control (CDC), Coordinates School Health program model (including but not limited to matters pertaining to health education, physical education, health services, nutrition services, counseling, social and psychological services, healthy school environment, health promotion for staff and family/community involvement) to oversee the implementation of the Wellness Program. This sub-committee shall be known as the District Wellness Committee.
  - C. Establishment of school-based Wellness Committees at each school to oversee the implementation of the Wellness Programs at the individual school level.
  - D. Goals for nutrition education, physical activity and other school-based activities that are designed to promote student wellness;
  - E. Goals for nutrition education, physical activity and other activities that are designed to promote employee wellness;
  - F. A plan for implementing the goals of the programs;
  - G. Nutrition guidelines for all foods available on each school campus and District facility during the school/work day with objectives to promote student and employee health and fitness, reduce obesity, and prevent diet-related chronic diseases;
  - H. A plan for measuring the implementation of the Wellness Programs;
  - I. A plan for evaluating the outcomes of the Wellness Programs;
  - J. A plan for modifying the Wellness Programs based on evaluation data;

- II. The Superintendent shall establish a Wellness Program for staff and students to assist in the implementation of the Wellness Policy.
- III. The program shall meet the requirements of the National School Lunch Act and the Child Nutrition Act of 1966.

**STATUTORY AUTHORITY:**

1001.41, 1001.42, F.S.

**LAW (S) IMPLEMENTED:**

**HEALTHY HUNGER-FREE KIDS ACT (THE ACT) P.L. 111-296  
CHILD NUTRITION ACT REAUTHORIZATION 2010  
P.L. 108-265, SECTION 204  
NATIONAL SCHOOL LUNCH ACT (42 USC 1751 *et seq.*)  
CHILD NUTRITION ACT OF 1966 (42 USC 1771 *et seq.*)  
1001.43, 1006.06, F.S. FLORIDA STATUTES**

**STATE BOARD OF EDUCATION RULE(S)**

6A-7.040, 6A-7.041, 6A-7.042

**HISTORY:**

**ADOPTED:** June 6, 2006  
**REVISION DATES:** May 4, 2010  
September 6, 2011