

Menu

Duval County Public Elementary Schools Lunch Menu November 2009

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chuck Wagon Chicken Sloppy Joe on Bun Rice White Gravy Peas Broccoli Dinner Rolls	3 Turkey w/Gravy Chicken Nuggets Dinner Rolls Mashed Potatoes Turkey Gravy Potato Wedges Green Beans Chocolate Cake	4 Cheese Pizza Corn Dog Tossed Salad Corn Tater Tots Fresh Fruit	5 Hamburger on Bun Cheesy Chicken & Noodle Lettuce/Tomato Cup Carrots Potato Wedges Apple Crisp Fresh Fruit	6 BBQ Chicken Sandwich Mac-n-Cheese Entrée Tossed Salad Tater Tots Broccoli Chilled Pears
9 Chicken Pot Pie Baked Sliced Ham Sweet Potatoes Potato Wedges Broccoli Fresh Fruit Dinner Rolls	10 Cheesy Nachos Turkey Sandwich Taco Meat Tossed Salad Tater Tots Green Beans Fresh Fruit Spice Cake	11 No School - Holiday	12 Cheese Ravioli Chicken Patty Sandwich Garlic Sticks Green Beans Potato Wedges Mixed Fruit	13 Beef Taco w/Lettuce, Tomatoes, Cheese Cheese Pizza Turnip Greens Pinto Beans Fiesta Rice Potato Wedges Pineapple Cup Tossed Salad
16 BBQ Pork Sandwich Chicken Patty Sandwich Green Beans Potato Wedges Chocolate Cake Mixed Fruit Lettuce & Tomato Cup	17 Chicken Nuggets Ham Cheese Sandwich Mashed Potatoes Corn Tater Tots Chilled Pears Rainbow Cake	18 Country St. Steak w/Gravy Meatball Sub White Gravy Rice Baked Beans Baked Tater Tots Fruit Juice	19 Holiday Meal Turkey w/Gravy Cornbread Stuffing Mashed Potatoes Green Beans Dinner Rolls Spice Cake Fresh Fruit Cheese Pizza Cranberry Sauce	20 Cheese Pizza Turkey Sandwich Tossed Salad Broccoli Tater Tots Chilled Pears
23 Hot Dog on Bun Chicken Ranch Sandwich Mac-n-Cheese Carrots Chilled Peaches Apple Crisp	24 Meatloaf Cheese Maxx Sticks Mashed Potatoes Brown Gravy Tossed Salad Green Beans Spice Cake	25 No School - Holiday	26 No School - Holiday	27 No School - Holiday
30 Chuck Wagon Chicken Sloppy Joe on Bun Rice White Gravy Peas Broccoli Dinner Rolls	Choice of Low Fat Milk Offered Daily Student Price: \$1.50, Reduced \$.40			



An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% or less milk.

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