

# Duval County Public High Schools Lunch Menu February 2010

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Your complete school lunch includes your choice of entrée,  
choice of up to 3 sides, and choice of milk



## February 1-5

- MON** Chicken Nuggets, seasoned carrots, chilled pears, dinner roll, tossed salad, lettuce/tomato sandwich topper, potato wedges, fresh apple, 100% fruit juice punch, crackers
- TUE** Spaghetti & Meatballs, garlic sticks, mixed vegetables, chilled peach cup, potato wedges, tossed salad, lettuce/tomato sandwich topper, orange, 100% fruit juice punch, crackers
- WED** Roast Turkey w/Cornbread Stuffing, dinner roll, sweet potatoes, apple slices, potato wedges, tossed salad, lettuce/tomato sandwich topper, banana, 100% fruit juice punch, crackers
- THU** Sloppy Joe, green beans, chilled pears, potato wedges, orange, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- FRI** Grilled Chicken Sandwich, apple oatmeal square, seasoned carrots, chilled mix fruit, apple, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers

## February 8-12

- MON** Chicken Parmesan w/Pasta, garlic sticks, mixed vegetables, chilled pears, tossed salad, lettuce/tomato sandwich topper, potato wedges, apple, 100% fruit juice punch
- TUE** BBQ Pork w/Rice, biscuits, green beans, chilled peach cup, potato wedges, tossed salad, lettuce/tomato sandwich topper, orange, 100% fruit juice punch, crackers
- WED** Country Steak w/Mac & Cheese, dinner roll, peas & carrots, apple slices, potato wedges, tossed salad, lettuce/tomato sandwich topper, banana, 100% fruit juice punch, crackers
- THU** Chicken Fajita w/Rice, vegetarian beans, corn, applesauce, orange, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- FRI** Twin Grilled Cheese Sandwich's, tomato bisque, fresh carrot sticks, chilled mixed fruit, apple, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers

## February 15-19

- MON** No School
- TUE** Cheesy Chicken Broccoli, cobbler cake, broccoli, chilled peach cup, orange, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- WED** Spaghetti & Meatballs, garlic sticks, mixed vegetables, apple slices, banana, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- THU** Chicken Taco w/Rice, vegetarian beans, corn, chilled pears, orange, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- FRI** Country Steak w/Mashed Potato, dinner roll, green beans, chilled mixed fruit, apple, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers

## February 22-26

- MON** Spaghetti & Meatballs, garlic sticks, mixed vegetables, chilled pears, apple, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- TUE** BBQ Chicken w/Mac & Cheese, biscuits, vegetarian beans, peach crisp, orange, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- WED** Meatloaf w/Rice, dinner roll, peas & carrots, baked apple slices, banana, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- THU** Chicken Nuggets, dinner roll, seasoned carrots, applesauce, orange, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers
- FRI** Baked Cheesy Ziti, garlic sticks, green beans, chilled mix fruit, apple, potato wedges, tossed salad, lettuce/tomato sandwich topper, 100% fruit juice punch, crackers

## FEATURED DAILY

Fresh Baked Cheese & Pepperoni Pizza

## FEBRUARY 1-5

- MONDAY – Meatlovers Pizza  
TUESDAY – Cheeseburger Pizza  
WEDNESDAY – Sausage Pizza  
THURSDAY – Meatball Pizza  
FRIDAY – Red Hot Chicken Pizza

## FEBRUARY 8-12

- MONDAY – Meatlovers Pizza  
TUESDAY – Cheeseburger Pizza  
WEDNESDAY – Sausage Pizza  
THURSDAY – Meatball Pizza  
FRIDAY – Red Hot Chicken Pizza

## FEBRUARY 15-19

- MONDAY – No School  
TUESDAY – Cheeseburger Pizza  
WEDNESDAY – Sausage Pizza  
THURSDAY – Meatball Pizza  
FRIDAY – Red Hot Chicken Pizza

## FEBRUARY 22-26

- MONDAY – Meatlovers Pizza  
TUESDAY – Cheeseburger Pizza  
WEDNESDAY – Sausage Pizza  
THURSDAY – Meatball Pizza  
FRIDAY – Red Hot Chicken Pizza

*Includes: Entrée, choice of up to 3 sides and lowfat milk*

Daily milk choices include 1% white and ½% chocolate milk

Student Price: \$2.00, Reduced \$ .40

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# Duval County Public High Schools Lunch Menu February 2010

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**Grab & Go  
Assorted  
Packaged  
Sandwiches,  
Wraps & Salads**



**AVAILABLE DAILY  
Cheeseburger,  
Buffalo Chicken  
Sandwich, and  
Chicken Sandwich**

## Daily Specials Below:

- Ham & Cheese Sub
- Turkey & Cheese Sub
- Cheesy Garden Salad
- Nacho & Cheese w/Jalapenos

## Rotating Salad Specials Offered:

- Wednesday's – Turkey Chef Salad
- Thursday's – Ham Chef Salad
- Friday's – Chicken Garden Salad

*Includes: Entrée, choice of up to 3 sides  
and lowfat milk*

**All selections prepared on wheat bun  
Rotating Daily Specials listed below:**

### February 1-5

- MONDAY – BBQ Cheddar Onion Burger
- TUESDAY – Ham & Cheese Bagel Melt
- WEDNESDAY – Chicken Wings
- THURSDAY – Meatball Sub
- FRIDAY – Breakfast Burrito

### February 8-12

- MONDAY – BBQ Cheddar Onion Burger
- TUESDAY – Ham & Cheese Bagel Melt
- WEDNESDAY – Chicken Wings
- THURSDAY – Meatball Sub
- FRIDAY – Breakfast Burrito

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- TUESDAY – Ham & Cheese Bagel Melt
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*Includes: Entrée, choice of up to 3 sides  
and lowfat milk*



*This initiative is part of Chartwells continued commitment to the health & welfare of the students we serve. It is also an opportunity for us to contribute to the local economy. Our monthly locally grown menu features are indicated on the menu.  
(These items are provided as a sample only and may not indicate actual menu items that will be available locally in your area)*

