

Lunch Time!

DUVAL COUNTY SCHOOLS ELEMENTARY MENU

Elementary Lunch

Nutrition Note:

GO LEAN WITH PROTEIN
Meat, fish, beans, eggs and nuts provide protein, which helps to build strong bones, teeth and muscles. Eat 2-3 servings every day. Choose lean meat, poultry without skin, fish, dry beans and peas.



Healthy Time!

Choose your lunch food wisely on our color-coded menu.

- Healthy all the time
- Most of the time
- Some of the time

Here's How the Lunch Menu Works...

Entree - Students must select one (1) entree.

Side Dishes - Students may select up to three (3) side items.

Milk - Students may select up to one (1) choice of milk.

All trays must have a minimum (entree & 2 other items) totaling three (3) items. Maximum (entree & 4 other items) totaling five (5) items.

Note:
1/2% chocolate milk, 1% low-fat milk, and condiments are offered daily with meals.

If you have questions or concerns, please contact us by calling our Customer Care Line at (904) 732-5174

- 4**
- Beefy Macaroni Casserole
 - Popcorn Chicken
 - Sloppy Joe on a Bun
 - Peanut Butter & Jelly Sandwich
 - Potato Starz
 - Tender Green Beans
 - Blueberry Applesauce
 - Raisins
 - Cherry Delight Cake

- 5**
- Tony's Cheese Pizza
 - Soft Beef Taco
 - Chicken Nuggets
 - Peanut Butter & Jelly Sandwich
 - Nachos w/Cheese
 - Carrot Coins
 - Diced Peaches
 - Assorted Fresh Fruit
 - Raisins
 - Chocolate Chip Cookie

- 6**
- Spaghetti Casserole
 - Chicken Patty Sandwich
 - Chef Salad Entree
 - Peanut Butter & Jelly Sandwich
 - Potato Fries
 - Tender Green Beans
 - Garden Fresh Salad
 - Cinnamon Apple Slices
 - Raisins
 - Fruited Gelatin

- 7**
- BBQ Chicken
 - Beanie Weenies
 - Chicken Taco
 - Peanut Butter & Jelly Sandwich
 - Sweet Potatoes
 - Carrot Coins
 - Garden Fresh Salad
 - Assorted Fresh Fruit
 - Applesauce
 - Raisins
 - Strawberry Shortcake

- 8**
- Tony's Cheese Pizza
 - Nachos Supreme
 - Tuna Noodle Casserole
 - Peanut Butter & Jelly Sandwich
 - Mashed Potatoes
 - Tender Green Beans
 - Garden Fresh Salad
 - Apple Sour Sauce
 - Raisins
 - Sugar Cookie

- 11**
- Chili & Blueberry Muffin
 - Chicken Nuggets
 - Sloppy Joe Sandwich
 - Peanut Butter & Jelly Sandwich
 - Potato Fries
 - Carrot Coins
 - Garden Fresh Salad
 - Chilled Peaches
 - Raisins
 - Blueberry Cobbler

- 12**
- Roasted Chicken
 - Tony's Cheese Pizza
 - Cheesy Chicken Bake w/Nacho Chips
 - Peanut Butter & Jelly Sandwich
 - Mashed Potatoes
 - w/Turkey Gravy
 - Tender Green Beans
 - Garden Fresh Salad
 - Strawberry Applesauce
 - Raisins
 - Sugar Cookie

- 13**
- Chicken Cacciatore w/Spaghetti
 - Beef Burrito
 - Peanut Butter & Jelly Sandwich
 - Fiesta Chicken Salad
 - Mashed Potatoes
 - Carrot Coins
 - Assorted Fresh Fruit
 - Cinnamon Apple Slices
 - Garden Fresh Salad
 - Raisins
 - Cherry Crisp

- 14**
- Sliced Roasted Turkey w/Turkey Gravy
 - Italian Meatball Sub
 - Cheeseburger on Enriched Bun
 - Peanut Butter & Jelly Sandwich
 - Sweet Potato Casserole
 - Tender Green Beans
 - Garden Fresh Salad
 - Chilled Peaches
 - Raisins
 - Blueberry Delight

- 15**
- Teryaki Chicken Over Fluffy Rice
 - Tuna Noodle Casserole
 - Peanut Butter & Jelly Sandwich
 - Potato Fries
 - Carrot Coins
 - Garden Fresh Salad
 - Applesauce
 - Assorted Fresh Fruit
 - Raisins
 - Fruited Gelatin

- 18**
- Beefy Macaroni Casserole
 - Popcorn Chicken
 - Soft Beef Taco
 - Peanut Butter & Jelly Sandwich
 - Sweet Potatoes
 - Tender Green Beans
 - Garden Fresh Salad
 - Very Berry Applesauce
 - Raisins
 - Black Forest Cake

- 19**
- BBQ Chicken
 - Tony's Cheese Pizza
 - Sloppy Joe on a Bun
 - Peanut Butter & Jelly Sandwich
 - Confetti Rice
 - Carrot Coins
 - Garden Fresh Salad
 - Assorted Fresh Fruit
 - Chilled Peaches
 - Raisins
 - Blueberry Cobbler

- 20**
- Spaghetti Casserole
 - Nachos Supreme
 - Toasted Turkey & Cheese Sandwich
 - Peanut Butter & Jelly Sandwich
 - Sweet Potato Casserole
 - Tender Green Beans
 - Garden Fresh Salad
 - Cinnamon Apple Slices
 - Raisins
 - Sugar Cookie

- 21**
- Macaroni & Cheese Bake
 - Chili Cheese Fries
 - BBQ Pulled Pork Sandwich
 - Peanut Butter & Jelly Sandwich
 - Mashed Potatoes
 - Carrot Coins
 - Garden Fresh Salad
 - Hot Homestyle Applesauce
 - Assorted Fresh Fruit
 - Raisins
 - Fruited Gelatin

- 22**
- Tony's Cheese Pizza
 - Beanie Weenies
 - Chef Salad Entree
 - Peanut Butter & Jelly Sandwich
 - Tender Green Beans
 - Carrot Coins
 - Garden Fresh Salad
 - Chilled Peaches
 - Raisins
 - Strawberry Shortcake

- 25**
No School

- 26**
- Spaghetti & Meatballs
 - Tony's Cheese Pizza
 - Beef Burrito
 - Peanut Butter & Jelly Sandwich
 - Potato Fries
 - Carrot Coins
 - Garden Fresh Salad
 - Cinnamon Apple Slices
 - Raisins
 - Chocolate Chip Cookie

- 27**
- Chicken Cacciatore w/Spaghetti
 - Soft Beef Taco
 - Chef Salad Entree
 - Peanut Butter & Jelly Sandwich
 - Santa Fe Rice
 - Tender Green Beans
 - Garden Fresh Salad
 - Chilled Peaches
 - Assorted Fresh Fruit
 - Raisins
 - Fruited Gelatin

- 28**
- Sliced Roasted Turkey w/Turkey Gravy
 - Frito Chili Pie
 - Chicken Patty Sandwich
 - Peanut Butter & Jelly Sandwich
 - Sweet Potato Casserole
 - Carrot Coins
 - Garden Fresh Salad
 - Strawberry Applesauce
 - Raisins
 - Cherry Crisp

- 29**
- BBQ Chicken
 - Tony's Cheese Pizza
 - Tuna Salad Entree
 - Peanut Butter & Jelly Sandwich
 - Mashed Potatoes
 - Tender Green Beans
 - Garden Fresh Salad
 - Blueberry Applesauce
 - Raisins
 - Strawberry Shortcake

Get connected with the power of lunch!

Menus are subject to change without notice.

As an add-on to your regular meal, try our daily snack offerings:

A La Carte Offerings	
Fresh Fruit	\$.50
Yogurt	\$.75
Goldfish Crackers	\$.50
Pretzel Popper	\$1.00
Rice Krispie Treat	\$.60
Assorted Baked Chips	\$.50
Belly Bears	\$1.00
Crunchmania	\$.35
Small Cookie	\$1.25
Cinnamon Roll	

Ice Cream	
Low Fat Cup, Sandwich,	
Chocolate Eclair	\$.75
Crybaby, Nutty Buddy	\$1.00
Drinks	
Milk	\$.50
Gatorade, Dole	\$1.00
Fruit Juice, Tropicana,	
Bottled Water	

Lunch Prices
Paid \$1.50 • Reduced \$.40

For online meal payments, go to www.mylunchmoney.com

